

LESSON DESCRIPTIONS

Beginner-Advanced Levels • Children & Adults • Hunt Seat & Jumping

Beginner I (walk - trot)

- ♦ Learn to safely approach, halter and lead a horse
- ♦ Learn to groom, tack, mount and dismount
- ♦ Walk and trot (posting & sitting trot), two point position
- ♦ Steering using figure eights & serpentine at the walk
- ♦ Learn riding vocabulary
- ♦ Trail riding
- ♦ Balance exercises

Beginner II (walk - trot - canter)

- ♦ Increase vocabulary
- ♦ Know the parts of tack
- ♦ Begin to learn diagonals
- ♦ Improve steering abilities; serpentines and figure eights at a trot
- ♦ Learn horse colors & breeds
- ♦ Begin canter work
- ♦ Improve two-point position
- ♦ Trail riding
- ♦ Trot poles
- ♦ Learn to back a horse

Beginner III*

- ♦ Tacking independently
- ♦ Begin cantering individually
- ♦ Increase strength
- ♦ Develop the ability and confidence to ride various school horses
- ♦ Improving body position

Intermediate I*

- ♦ Increase riding vocabulary
- ♦ Canter work and learn leads
- ♦ Begin no-stirrup work
- ♦ Trail riding and pasture riding
- ♦ Improve posting position
- ♦ Improve diagonals
- ♦ Jumping to 18"
- ♦ Begin collection, extension & leg yielding

Intermediate II*

- ♦ Jump 2' - 2'3", X's, solids and lines
- ♦ Canter circles, serpentines & figure eights
- ♦ Master correct diagonals & effective transitions
- ♦ Improve collection, extension and leg yielding
- ♦ Non-arena riding
- ♦ Learn shoulder in & out
- ♦ Continue no-stirrup work
- ♦ Learn striding between jumps.

Advanced*

- ♦ Private instruction and small groups available to suit each rider's goals.

* (Instructor's recommendation required)

